

KRYDDERURTER

HERBS

JP/POLITIKENS FORLAGSHUS

NON-FICTION

IN THE GARDEN, ON THE BALCONY AND ON THE WINDOWSILL

ABOUT THE BOOK

Herbs are easy to grow and you don't need a garden – they thrive just as well in a pot on the terrace, the balcony or on your windowsill. With their heavenly scents and wonderful colours they enrich everyday life, making more out of every meal

You can drink them as teas, as tranquilizers or tonics, or add them as a special flavour to cold drinks. Their flowers look pretty in salads and desserts – there's a world of possibilities within your reach.

In this extensive book, Anemette Olesen gives advice on how to make a bed of herbs or grow them in pots and jars. She goes through 107 different herbs, explaining their histories, how to groom and breed them and how to use the various sorts, complete with illustrations. She discusses both the old familiar herbs as well as several new sorts, sorts from Asia and the wild ones you can find in nature or cultivate on your own.

The book provides insight into the history of medicinal herbs as well as tips on how to store them for winter use, how to mix them together for casseroles, add them to barbecues and in desserts, telling you which herbs are compatible with one another.

THE AUTHOR

Anemette Olesen has written several books on herbs, vegetables and medicinal plants. In addition, she has landscaped a number of herbal gardens as well as historical gardens around Denmark. She is also a busy lecturer on herbs and related topics.



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SPECIFICATIONS

EXTENT
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